

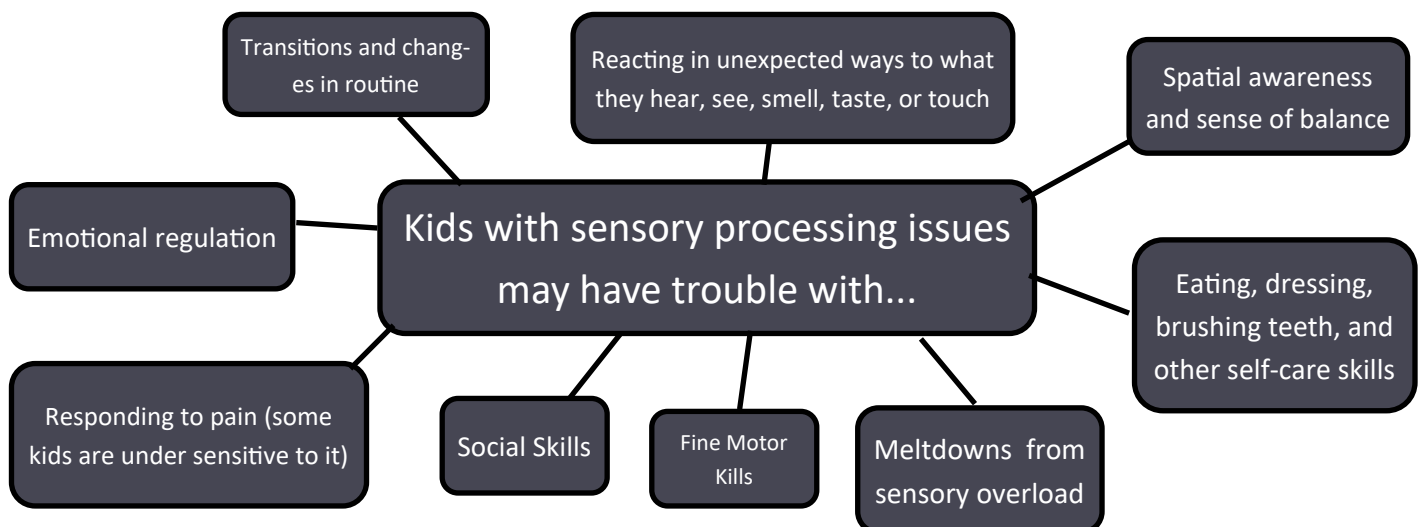
# Sensory Processing Issues Fact Sheet

## Sensory Processing Issues **are**...

- ⇒ **Difficulties in organizing information from the senses.** These include responding to sights, sounds, smells, touch, and sensory input related to balance and movement.
- ⇒ **Often called sensory processing disorder (SPD)**
- ⇒ **A common co-occurrence.** Sensory issues are often found in kids with ADHD

## Sensory Processing Issues **not**..

- ⇒ **Just kids being “too sensitive.”** Sensory issues can be overwhelming and can make it hard to function in home and school
- ⇒ **A sign that kids need more discipline.** Adults need to find out what’s causing kids to melt down, not punish them for it.
- ⇒ **Always consistent.** Responses to sensory input can vary from kid to kid and from day to day



## Ways to help kids with sensory issues

- ♥ Occupational Therapy can help kids with sensory issues feel less overwhelmed, learn how to self regulate and cope with challenging situation.
- ♥ Classroom accommodations, positive behavior intervention plans and informal supports like chewing gum or using a fidget can help at school.
- ♥ Self –advocacy training can help kids understand ask for and explain to others what they need to succeed.

For more information go to: [U.org/sensoryprocessing](https://www.u.org/sensoryprocessing)